SCIENTIFIC COOKING BOOK



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The book contained dozens of charts showing the best way to cook lamb or fish or pasta, and I still periodically bust out its six-ingredient, 15-minute weeknight staple, Broccoli and Garlic Penne.

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Science of Cooking Recommended Reading Exploratorium

This work combines culinary lore and lucid, scientific explanations into a superbly readable, authoritative book, with over 200 illustrations. Learn the science behind why white meat is white, why fruits ripen after harvest but vegetables don't, and what roles the basic food molecules--water, carbohydrates, proteins, and fats and oils--play in cooking.

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9 Scientific Cooking Techniques

All cooking is science: we use chemistry and physics to steam, fry, bake, or microwave almost all of our meals. However, there are some cooking methods that

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Scientific Cooking With Scientific Methods Forgotten Books

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The Science of Cooking Peter Barham Springer

The book is a pleasant read and is an invitation to become better acquainted with the science of cooking." - NATURE "You do not have to be a chemist or a physicist to cook a meal, any more than you need a qualification in engineering to drive a car; but in both cases, a little technical knowledge can help when things go wrong.

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Modernist Cuisine The Art and Science of Cooking

Modernist Cuisine: The Art and Science of Cooking. The tome that started the revolution. This six volume, 2,438-page set reveals science-inspired techniques for preparing food that ranges from the otherworldly to the sublime.

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Molecular gastronomy Wikipedia

Molecular gastronomy is a subdiscipline of food science that seeks to investigate the physical and chemical transformations of ingredients that occur in cooking. Its program includes three areas, as cooking was recognized to have three components: social, artistic, and technical.

http://ebookslibrary.club/Molecular-gastronomy-Wikipedia.pdf

The Science of Good Cooking amazon com

The Science of Good Cooking covers the 50 fundamental concepts that we think every good cook should know. We explain the science in simple, practical terms, so you really understand how these principles work and how you can apply them as you cook. Think of this book as an owner's manual for your kitchen.

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